

Virtual NWATA 2021 (Updated Schedule) ALL TIMES PST!!!

Live Schedule

Thursday, 3/11

5:30p *Appearance and Performance Enhancing Substances: The Pressure to Perform* – Brian Parker, Taylor Hooton Foundation (**EBP**) **This presentation will NOT be available on-demand**

6:30p *Opening Keynote Address* – Tory Lindley, MA, ATC, President, NATA

Friday, 3/12

5:30p *Implementing an Injury Prevention Program and its Impact on Warehouse Operations* – Michael E. Chapman, EdD, ATC, LAT, CEAS II, SFMA (**EBP**)

6:30p NWATA Awards

7:30p NWATA Business Meeting

Saturday, 3/13

8:00a Coffee with District 10 Director, Tony Fitzpatrick

9:00a *Winning with Data* – Andrew Golden (**EBP**)

2:00p Town Hall Meetings (Please let Dani Moffit (moffdani@isu.edu) know if you would like to have availability to meet)

3:00p District 10 Quiz Bowl

5:00p *Critically Appraising the Best Evidence: What, Why, and How?* – Christopher Ludwig, EdD, LAT, AT; Russell Baker, PhD, DAT, AT, CMP, PRT-C (**EBP**)

6:00p State Meetings

Sunday, 3/14

8:00a *Student First, Athlete Second: Emphasizing a Return to Learn Protocol in a Concussion Management Plan* – Valerie Moody, PhD, LAT, ATC, CSCS

9:00a *The Case for Implementing Wearable Technologies and other Biomechanical Tools into Clinical Practice* - Shane Murphy, PhD, LAT, ATC; Nathan J. Robey, PhD, ATC; Otto Buchholz, PhD, LAT, ATC; Melanie L. McGrath, PhD, LAT, ATC

3:00p *Utilizing PRP Injection Therapy and Interval Throwing Program for UCL Injuries in Throwing Athletes* – Craig Bennett, MA, LAT, ATC (**EBP**)

4:00p *Closing Keynote Address* – Kathy Dieringer, EdD, LAT, ATC, NATA President-Elect

On-Demand Courses (available March 5 – April 4)

Sport Psychology in Athletic Training: Practical Applications of Self-Determination Theory – Sarah Cook, PhD, ATC

Cultural Competence in the Profession of Athletic Training: Anti-Racism and Patient Allyship - Jeffrey Kawaguchi, PT, PhD, ATC

Jumping on to Base: Providing Athletic Training Services to Smokejumpers - Valerie Moody, PhD, LAT, ATC, CSCS; Isabella Callis, MS, LAT, ATC

It's all in the Neck – Treating Headaches Quickly and Effectively - Kyle North, ATC, LAT; Lindsay Larkins, DAT, LAT, ATC, CSCS, CMP, PRT-C

The Shoulder Bone Connected to the ... Mind [Bone]? What the Song Forgot to Teach Us: Exploring the Mind-Body Connection in Patient Care - Ashley Reeves, DAT, LAT, ATC; Lindsay Larkins, DAT, LAT, ATC, CSCS, CMP, PRT-C; Alan Nasypany, EdD, LAT, ATC

Metabolic Adaptations in Creating the Perfect Athlete - Tyler Smith, LAT, ATC, CISSN

No Pain, All Gain: Pain-Free interventions for Lower Extremity Injuries - Matthew Smitley, DAT, LAT, ATC

Return to NCAA Football after the Loss of a Paired Organ – Stacey Ortiz, MEd, ATC; Shane Wibel, MPH, ATC

Hamstring Strains and Rehabilitation - Garret Wood, MSAT, LAT, ATC, CSCS

Treating the Whole Patient: LGBTQ+ Inclusion - Jessica Moore, EdD, LAT, ATC, EMT; Hilary Worthen, MAT, LAT, ATC, CES

Peak Physique: From the Recommendations to Practical Implementation – Leslie Bonci, MPH, RD, CSSD, RDN; Andrew Dole, MS, RDN, CSSD, CEC, USAT1

Developing a Dynamic, Innovative Anatomy Curriculum – Christopher White, MS, AT

Free Communications

Oral

Clinician Reliability of Force Production during a Simulated Instrument-Assisted Soft Tissue Mobilization Treatment – Shahbano Syeda

Wearable Sensors Identify Interlimb Asymmetries during Return to Sport Tests in a Collegiate Downhill Skier after Unilateral ACL Reconstruction – Shane Murphy

Stress Fracture of the Transverse Process in a Collegiate Female Rower: A Case Study – Flynn McGuire

Athletic Training and Wildland Fire: Providing Athletic Training Services to Smokejumpers – Isabella Callis

A Pilot Study in Quantifying Knee Kinematics and Tibial Shock Symmetry during Bilateral Jumping Tasks with Inertial Measurement Units – Shane Patrick Murphy

Poster

Effectiveness of Talocrural and Fibular Mobilizations with Movement to Increase Ankle Joint Motion in Individuals with Chronic Ankle Instability – Cynthia Wright

Investigating the Forces Used During Instrument Assisted Soft Tissue Mobilization – Nickolai Joel Paul Martonick

Grade Five Acromioclavicular Joint Separation in a Collegiate Male Football Athlete – Autumn Rollins

Opioids and an Active Population – Dana Bates

Preparing for the Wildland Fire Season: Understanding Exercise and Injury History of Smokejumpers – Valerie Moody

Acute Depressive Symptoms Post-Concussion: A Systematic Review – Katherine Berglund