

NORTHWEST ATHLETIC TRAINERS' ASSOCIATION

Executive Officers

District Director

Tony Fitzpatrick, MA, LAT, ATC
tony.fitzpatrick@boiseschools.org
 Timberline High School
 701 E. Boise Ave
 Boise, ID 83706
 (208) 854-6266

District Secretary

Benjamin Henry, MS, LAT, ATC
benjaminhenryatc@gmail.com
 Work-Fit
 11714 58th Ave NE
 Marysville, WA 98271
 (309) 830-1644

District Treasurer

Craig Bennett, MA, LAT, ATC
cabennett@pugetsound.edu
 University of Puget Sound
 1500 N Warner #1044
 Tacoma, WA 98374
 (253) 312-9632

Past Director

Cari Wood ATC
cari.wood@redmondschools.org
 Athletic Trainer
 Desert Orthopedics
 Redmond High School
 4441 Northwest Way
 Redmond, OR 97756
 (541) 504-3588



From the Director



Remember when....there was no snow?

As we are all in the Pacific Northwest, I am sure we all can relate to Mark Twain's observation regarding Spring. I'm sure you are all remembering when we had great weather to get outside and "play". But, our weather is something we are all used to, so for those of use outside working and providing GreAT Patient care here in the Pacific Northwest weather; hang tight and

bundle up, nicer weather is around the corner.

Hard to believe it's just been just over 20 days since 704 of us gathered in Portland to improve our skills and knowledge as health care providers to better treat and take care of our patients. By far, this was one of the most successful NWATA Business Meeting and Symposium to date. This is due in large part because of YOU and your commitment to the NWATA. The other reason for this year's successful meeting was the hard work in planning, coordinating and engineering by our NWATA Meetings Team. Because of our record setting attendance, the NWATA Meetings Team scrambled with the hotel staff to accommodate and change meeting spaces due to room size. Thank you for your patience



Lynne Young, M.ED, LAT, ATC
Orthopedic Physicians Alaska
3801 Lake Otis Pkwy Suite 300
Anchorage, AK 99508



Nikki Clark MPE, ATC, LAT
3401 Hansen Ave.
Boise, ID 83703



Valerie Moody PhD, ATC, LAT, WEMT-B, CSCS
Program Director Athletic Training
University of Montana
32 Campus Dr.
McGill Hall 238C
Missoula, MT 59812



Sam Johnson, PhD, ATC, CSCS
Clinical Assistant Professor
School of Biological and Population Health
Sciences
Oregon State University
218 Langton Hall



Jennifer Carrol, ATC, PA-C
Sports Medicine Center at Husky Stadium
UW Medicine
3800 Montlake Blvd NE

and understanding. Speaking of our NWATA Meetings Team a HUGE THANK YOU goes out to Suzette Nynas, NWATA Meetings Chair, Greg Hill, NWATA Registration Coordinator, Jen Krug, NWATA Exhibitor Coordinator, and the Local Committee of Gen Ludwig, Local Chair, Dana Bates and Cari Wood for putting together and pulling off an EXTRAORDINARY meeting! Thank you for your countless hours of phone calls, emails and endless follow-up emails and planning to make sure our members had the experience they had in Portland.

Besides taking care of the education needs of the NWATA Membership, we addressed the nuts and bolts of our association in our business meeting. You the membership voted to approve two bylaws changes; NWATA Bylaw 4.6.1 allows for the whole NWATA Board of Directors to serve as the nominating committee, not just the officers, and NWATA Bylaw 4.6.2 allows for the nominating committee to present up to 3 candidates for an office. We congratulated Ben Henry, NWATA Secretary on the vote of affirmation by the membership to serve another 2-year term. Craig Bennett, NWATA Treasure, announced his intention to seek another 2-year term. A vote of affirmation will run this fall. We took the time to thank outgoing NWATA Committee Chairs: Josh Holliday, *NWATA PR*; Dani Moffitt, *NWATA EDAC*; Suzette Nynas, *NWATA Meetings Chair*; Erin Boggs, *NWATA Student President*; Scott Richter, *NATA Foundation District 10 Director*. We celebrated those members who received NWATA Scholarships: Abigail Watkins, *NWATA Professional*; Harli Spurgeon, *Richard Irvin Professional*; Hailie Cowdell, *Naseby Rhinehart Professional*; Olivia Feller, *Bill Robertson Professional*; Yu-Lun Huang, *Bob Peterson Post-Professional*; Isabella Callis, *St. Luke's Emerging Practice*; Cade Bennett, *NWATA Family*. We congratulated those members who received NWATA Awards: Nickolai Martonik, *NWATA Research Grant*; Luke Bahnmaier and Lisa Kenney, *NWATA New Horizon*; Jennifer Stueckle and Cynthia Wright, *NWATA Outstanding Service*; Jim Whitesel, *NWATA District Director's Award*. We also welcomed into the NWATA Hall of Fame our newest member, Cari Wood.

The NWATA Koto-Steele Quiz Bowl has become a popular session for students, members and alumni alike as they come to cheer on their favorite NWATA ATEP

In the Spring, I have counted 136 different kinds of weather inside of 24 hours.

Mark Twain

*If you do not sow in the spring
you will not reap in the autumn.*
- Irish Proverb

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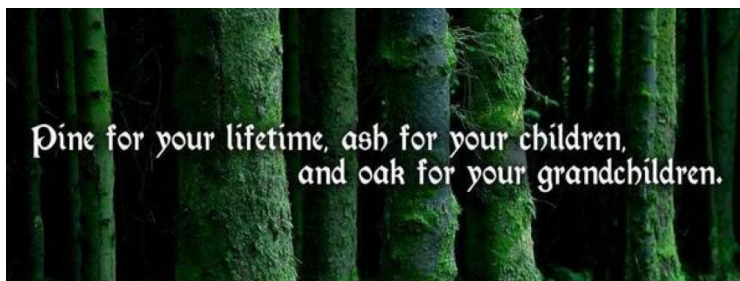
Program to see who will take home the coveted NWATA Koto-Steele Championship. This year the the “Fighting Eagles” from Eastern Washington University were crowned the NWATA Koto-Steele Champions. The EWU team of Naomi Eastland, Keira Lathrop, Cassidy Schreiber and Lucas Uphaus will represent the NWATA-District 10 at this year’s NATA Quiz Bowl in New Orleans for NATA2019! We couldn’t be prouder! GO EAGLES! A BIG Thank you to Brittany O’Malley, NWATA Quiz Bowl Chair for organizing and running the Koto-Steele Quiz Bowl. Thank you to the University of Oregon Graduate Athletic Trainers for writing this year’s Quiz Bowl Questions. And a thank you to perennial favorite, Quiz Bowl MC, Dave Sherden for your humor and MC Quiz Bowl Style!

Notes from the NATA Board Room

For those of you who were unable to attend the NWATA2018 Business Meeting, here are the highlights of what I reported on from the NATA Board Room.

- A new PR Firm has been hired. The YGS Group. They will support NATA Marketing and Communications (MARCOM) with print, digital & media sales.
- The Third Party Reimbursement Project has successfully completed
- A new Member Benefit-Go4Ellis, an app for NATA Members to assist in securing per diem work, is going well. The lowest rate they paid an AT in the first year working with NATA was \$32.23/hour. We are hoping to see Go4Ellis in our District in the near future.
- A new member benefit that will allow members a digital platform to communicate and share ideas with other NATA members, GATHER, will be rolling out very soon.
- The BOD commissioned COPE & PRAT to develop a sexual abuse education program and related resources.
- BOD approved establishing a TPRI Matching Grant Program, Regional Coordinators and moving forward with a peer reviewed payor driven outcomes manuscript.
- An ACO workgroup met in Dallas in December to finalize the RFP that will place 1 AT in an ACO/MSO working and billing for rehab services independently. The goal is to gather data that we can go to insurance companies with in support of AT Services.
- BATS is working hard with the Strategic Alliance on an Orthopedic Specialty Certificate.
- Approved a networking reception in NOLA for Iota Tau Alpha, the Athletic Training Professional Honor Society.
- Approved updated language to the membership standard and sanctions and ethics complaint process.
- Approved the recommendation from the meetings department for the 2021 convention to be in Orlando, FL. Pending a successful site visit.

“Remember When” has been my premise this newsletter. Recently I attended something that is not pleasant under any circumstances, where “Remember when” brought both tears and laughter; I attended the funeral of a former student and student-athlete from my Boise High days, whose son, I have cared for as a student-



athlete of mine for the past 4 years here at Timberline. The juxtaposition of 43 year olds who I remember fondly as Braves mixing with current Timberline Wolves was quite surreal as the tears flowed. They all compared stories of the man we honored and the student-athlete I remembered. The thread that wove through all the tears and laughter were the stories of the athletic training room, of injuries, practices and

games won and lost. Stories that ended with 43 year old men and women hugging tightly and crying on my shoulder, like they were when they were my Brave Athletes so long ago. That moment of “Remember When” demonstrated to my Wolf student-athletes, who had that spent, shocked look in their eyes of encountering death and coping with the anguish their teammate was experiencing, that it was OK to laugh, tell stories, hug and cry on the shoulder of their AT. It showed, in quiet fashion, the bond that an athletic trainer has and keeps with his charges over the years and how unwavering that bond stays, even over time. We laughed and cried over stories then and now, of father and son. At the end of the day, as I drove home, I reflected on something we rarely talk about, the compassionate influence we have as athletic trainers. On a daily basis we take care of our patients and get them back to doing what they love. But even after many years, when they are hurting, once again they look to their athletic trainer for help and that is when “*Remember When*” becomes an athletic trainer’s most powerful tool; a modality for healing.

For those of you traveling to New Orleans for our NATA Annual Business Meeting and Symposium, I look forward to seeing you there. For those who are unable to attend, I hope you have a wonderful Spring and Summer with family and friends. As always, if you have any questions or concerns, please don’t hesitate to contact me.

Respectfully,
 Tony Fitzpatrick, ATC
 NWATA President / District 10 Director



NWATA Conference: Portland, OR - Recap

Thank you to all who came out to Portland to attend our annual meeting and clinical symposium! We had over 700 attendees, breaking the record for largest attendance. Also held in Portland was the 3rd Annual NWATA Richardson Student Symposium, themed, “How to Transition into the Professional World”. Over 200 students were in attendance at the symposium held at Clark College.

We hosted a few special guests this year: NATA – Tory Lindley, Scott Sailor, Dave Saddler, Amy Callendar, NATA Foundation - Skylar Gorman, CAATE – LesLee Taylor

We honored two special award recipients this year. NWATA Hall of Fame Inductee, Cari Wood, and District Director award winner, Jim Whitesel were recognized at our awards ceremony. Congrats to both Cari and Jim!

This year, 14 total CEU in general session, including 8 unopposed Evidence-Based Practice presentations. In addition, 4 workshops were held and were at full-capacity!

Congratulations to the 2018 NWATA Quiz Bowl Champions, Eastern Washington who will be representing DIO in New Orleans in June!

Last but not least, Congrats to the first annual Cornhole tournament winners: Craig Bennett and Ben Henry!

We look forward to seeing everyone in Spokane, Washington next year!



Committee Updates

Thank you to all of our district committee chairs! Thank you for presenting all of your hard work in Portland. All Committee reports are on the NWATA Website: <https://www.nwata.org/meetingminutes>. Please check out all of the excellent information they presented in Portland.

Ethnic Diversity Advisory Committee (EDAC) - Dani Moffit

EDAC Service Project - Thank you for your support of the USO Wishbook and writing letters to the troops. Members of the NWATA donated \$855.00 and wrote 114 cards.

BeTheMatch - the Portland BeTheMatch campaign was a success! We had 53 people sign-up for the registry. So far, that is the most ANY district has had so THANK YOU to those who participated!

LGBTQ+ Advisory Committee - Dani Moffit

We have had people step-up and volunteer to be state representatives from Washington, Montana, and Idaho. We would love to see all states represented. If you'd like to be involved but aren't ready to be a state representative, let me know and I'll make sure we involved you!

Public Relations Committee - Kaleb Birney

It has been a busy Winter/Spring and a very successful March for National Athletic Training Month. First off I really want to thank each PR representative for each state: Mary Perez- Alaska, Luke Bahnaimer – Idaho, Dustin Burton – Montana, Kurt Smet – Oregon, Lisa Kenney – Washington. I want to give a huge shout out to Erin Rutledge from Washington who helped initiate the promotion of NATM with the Great Northwest Athletic Conference (GNAC) Men's and Women's Basketball Tournaments in Anchorage Alaska. The amount of publicity our profession received from that tournament was amazing! Not only did they have NATM signs all over the arena but the GNAC recognized athletic trainers through their social media and during the tournament.

The NATA initiated two different ways to help advocate NATM this year and I believe they will continue to be great assets to all of us. First was the member appreciation, the NATA will advocate on your behalf for NATM 2018. NATA will champion the profession, raise awareness and share what it truly means to be an athletic trainer and the impact ATs have on work, life and sport. You simply would enter the contact information for individual(s) you would like this important message to reach and we will handle the rest.

The other great initiative was the AT Shout Out. The Shout Outs were done on all social media outlets and was typically performed by coaches, athletic directors, CEO's, athletes and parents. The Shout Out was a very short video just simply telling the world how great their athletic trainer is. It was great getting to see all the different posts from all across the district.

Just a reminder for next NATM, the NATA provides you with incredible material and resources for you to help promote what it is athletic trainers do. So start thinking about how we can make next year even bigger. Finally, make sure to send me stories for the NATA News. The stories can literally be anything that you are doing in your clinic, at your school, or in the communities. Feel free to be creative!

Be sure to follow us on Facebook and Twitter @NWATA10

You are cordially invited to

THE
NATA FOUNDATION
SPEAKEASY
A NIGHT BACK IN
THE ROARING
TWENTIES

presented by Celltex Therapeutics | 

THURSDAY, JUNE 28, 2018
AT 7:30PM • GENERATIONS HALL

310 Andrew Higgins Blvd, New Orleans, LA 70130 (1 block west of the convention center)



A special thanks to all of our current sponsors:



Dust off those glad rags and show up in costume for a chance to win prizes!
Tickets and sponsorships available at natafoundation.org

History and Archives Committee - Ken Kladnik & Rusty Baker



The three-year process of obtaining pictures, putting together the graphics and having a new Hall of Fame display is finally completed. Much thanks goes to Rusty Baker and Cari Wood for their roles in the process. The new display was unveiled during the NWATA meeting in Portland.

Our newest HOF inductee, Cari Wood was included in the unveiled product!

The History and Archives committee is collecting items for the NWATA Museum, which will also be on display during the conference. If you have any old Athletic Training equipment you are willing to donate, please contact Ken or Rusty to include it in the museum.

State Updates

Montana

The Montana state meeting will be held on June 9th at Carroll College in Helena, Montana

Washington

The 2018 WSATA Annual Meeting and Clinical Symposium will be held on July 21st inside Husky Stadium at the University of Washington

Ciara Ashworth was elected Vice President and Jodee Roberts was elected Region 2 Rep

Oregon

OATS Summer Symposium will be held June 2, 2018 at the University of Oregon in Eugene. Check oregonathletictrainers.org for agenda, registration, and other updates in the near future.

OATS recognized several outstanding individuals for their efforts at the OATS Annual Business Meeting on March 23, 2018.

- Cari Wood and Erin Cramer were inducted into the OATS Hall of Fame.
- Dustin Girard was recognized with the OATS Young Professional Award.
- Dr. Mark Colville was awarded the OATS Athletic Training Ally Award for his over 30 years of service as a team physician and ardent supporter of athletic trainers both professionally and personally.

Idaho

Idaho State Meeting is July 20-21 in Boise. Meeting Planners are getting together soon to go over a preliminary agenda and start gathering speaker information.

In light of happenings in Oregon, current and newly elected members of our Executive Board will be meeting with the Director of the Idaho State Board of Medicine this week to talk about any pending threats to Idaho ATs if Oregon's trend should move East.

Final Thoughts



I was in in awe, as I usually am after state, district, and national meetings, with how connected we all are as an association. After reading Tony's "From the Director" piece earlier in the newsletter, I often reflect on how closely our district resembles a family. To me, "Remember When..." speaks to the legacy and the history we've all been able to create together. Maybe this is just the nostalgia speaking, but I love thinking back to my first introduction to this district and hearing stories from Russ Richardson, Cari Wood, Kasee Hildenbrand, Marty Matney, Mark Smaha, Jim Whitesel and so many more. There's history here and we are all playing a part in that history. Seeing how many students were in attendance for the Portland meeting this year, I can't help but think about how these are the future of our

association, and they are taking the time to hear these stories and learn about how we've already laid the foundation to build on.

I'm looking forward to seeing everyone in New Orleans in June!

Contribute to YOUR newsletter!

If you have a good story, news, information or feedback for this newsletter, please send to

Ben Henry
benjaminhenryatc@gmail.com