# NORTHWEST ATHLETIC TRAINERS' ASSOCIATION

# **Executive Officers**

### **District Director**

Tony Fitzpatrick, MA, LAT, ATC tony.fitzpatrick@boiseschools.org Timberline High School 701 E. Boise Ave Boise, ID 83706 (208) 854-6266

# **District Secretary**

Benjamin Henry, MS, LAT, ATC <u>benjaminhenryatc@gmail.com</u> Work-Fit, LLC - Boeing 11714 58th Ave NE Marysville, WA 98271 (309) 830-1644

# **District Treasurer**

Craig Bennett, MA, LAT, ATC <u>cabennett@pugetsound.edu</u> University of Puget Sound 1500 N Warner #1044 Tacoma, WA 98374 (253) 312-9632

# **Past Director**

Cari Wood ATC cari.wood@redmondschools.org Athletic Trainer Desert Orthopedics Redmond High School 4441 Northwest Way Redmond, OR 97756



# **From the Director**



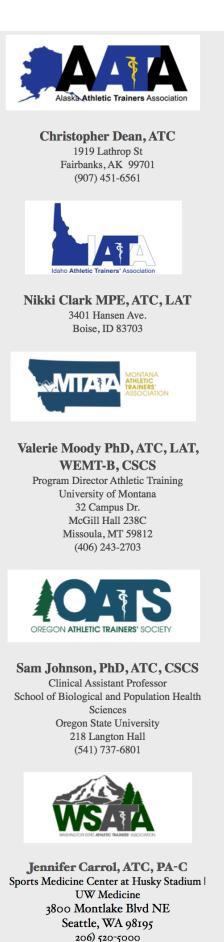
Happy Summer NWATA Members!

I hope that you all have had the time to enjoy what Summer has to of £r in the Pacific Northwest and that you've had time to spend time and have fun with both family and friends.

It was great to see the NWATA contingency at NATA 2017 in Houston and to celebrate "Our Own" as they received national recognition; Athletic Trainer Service award winners, Pam

Arriola, Larry Howe and Dani Moffit and our Most Distinguished Athletic Trainer award winner Valerie Moody. A HUGE shout out goes to our quiz bowl representatives from Montana State University – Billings, Ariel Ochoa, Mariah Cleveland and Robert Tate! They did an OUTSTANDING JOB not only representing the NWATA but their Program Director Suzette Nynas as well. These future Young Professionals did us all proud and came away with a 3<sup>rd</sup> place finish!

I heard nothing but great things from those of you who attended NATA 2017 regarding the energy, topics and format of this year's convention. The NATA Convention Planning Committee puts in an extraordinary



amount of time, energy and work looking over proposals, topics, themes, sessions and then balancing all of that against time, room space and EBP sessions all the while maintaining the integrity of the educational format. PLEASE, take a moment to send NWATA Member, Chris Dean an email thanking him for his efforts as Chris serves on the Convention Planning

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Committee. Whenever I did see Chris, he was on the move! Thank You Chris for ALL your efforts! I hope you've had the chance to reflect on a job well done!

#### Notes from the Board Room

Besides the amazing educational sessions, some exciting business was accomplished for the membership as well in the Board Room. The Board of Directors approved \$200K in funding for a grant program to hire a Full Time Athletic Trainer in a functioning ACO (Accountable Care Organization) or MCO (Medical Services Organization) to provide AT Services to patients and collect much needed outcomes data. The next step in this process is the RFP to the ACO/MCO, but this project has huge potential to show what we've known all along regarding the quality of rehabilitative services athletic trainers provide to our patients. Recognizing the unique financial needs of our Student Leadership Committee members, \$4000 was approved for travel purposes to the annual meeting. These monies will be divided equally among the committee members. DATALYS was renewed at \$25K. The Third Party Reimbursement Project (TRPP) will come under budget and the Board has authorized a rebate to the three states participating in the program. The results of this program should be available this fall, but already, it has shown great benefits for ATs being reimbursed for AT Services. The Board also approved a new and updated version of the Appropriate Care of the Spine Injured Patient Position statement and approved funding for a support video.

#### ICSM

For the first time, the Intercollegiate Council for Sports Medicine, chaired by Grant Murphy from the University of Kansas, had their first official face to face meeting. The ICSM, which has replaced the CUATC Committee, will address issues affecting the student athlete and athletic trainers at the collegiate level. What makes the ICSM so different from the CUATC is that its identity and make up is NOT solely district based, but based on the different divisions and conferences from the NCAA, NAIA and 2-Year Colleges as well; so representation is broader. This

council can NOW better address the needs and concerns of athletic trainers across the collegiate spectrum. NWATA Members, Denton Norwood and Marc Paul are representatives to the FCS At-Large and Mountain West respectfully.

#### **Governmental Affairs**

Over \$600,000 of State Legislative Grants were approved for 2016-17. New Grant applications are being accepted now, as they opened July 1, 2017. Please take note that ALL receipts, for this NEW Grant Cycle will be DUE June 1, 2018.

The Board of Directors and our respective Districts were challenged to raise \$6000 in new NATAPAC money. Please consider a donation! Your NWATA BOD will be working on creative ways as well, to help meet this challenge.

#### **ATLAS Location Project**

Athletic Trainers in the Secondary School setting! Don't forget to go to the KSI website to register and map the secondary school you provide athletic training services too. It's not just important to know how many ATs are working at the secondary school setting but also where! It's also important to note, that those of use in the secondary school setting, log back into to re-map our schools. You will be getting reminders during the months of August to December when that window opens up again.



#### **NATA Presidential Election**

As NATA Members, we are entering the election cycle that will determine our **14<sup>th</sup> President**. Immediate Past District 6 Director, Kathy Dieringer and Current District 4 Director, Tory Lindley are two exceptional candidates. Electronic Balloting will run from September 1 thru September 30. To learn about these two amazing candidates, please follow this link <u>http://www.nata.org/blog/beth-sitzler/meet-your-presidentialcandidates</u>

#### Notes from our Strategic Partners

There are topics, from our Strategic Partners, that are important for NWATA Members to be aware of and to make sure your voices are heard and noted.

#### **BOC Update**

The BOC cannot stress strongly enough, nor the NATA, the importance of ALL Athletic Trainers having their NPI Number. If you have not already done so, PLEASE register for yours TODAY.

The Practice Analysis will be for specialty certification in the orthopedic practice. The BOC should have information available after November.

The BOC has a new Director position opening focusing on Corporate and Education. If you are interested in running for this Director position, please check out the BOC Website for information.

#### CAATE Update

The new proposed CAATE Curricular Content Standards are open for comment but will end August 1. To date ONLY 150 comments have been recorded. If you would like to review these new proposed standards, which will guide our profession, and make a comment, then please go to the link below to make sure your opinion is heard.

http://caate.net/curricular-content-standards-draft-open-comment/

The accrediting body for CAATE, CHEA, is requiring that any sanctions against an institution be posted on the CAATE Website. It will be in reverse chronological order. This is to better inform the public and potential students.



#### **NATA Foundation Update**

The Foundation's Wild West Casino Night and 5K Fun Run were two huge successes in Houston. The Foundation has given \$7.9 Million in scholarships and grants in its 26 year history! Please continue to give!

#### From The NWATA Homefront!

From an NWATA perspective, we have FIVE Committee opening that are important to our Membership! We have 3 Openings for NATA Based Committees; Public Relations (PR), Most Distinguished Athletic Trainer (MDAT) and NATA Specialty

Awards. Closer to home we will have opening for NWATA Meetings Chair and the NEW Position of NWATA Meeting Programs Chair. If you are interested in any of these positions, please send me a Letter of Interest and a Vitae to me at <u>tony.fitzpatrick@boiseschools.org</u>. Positions will close September 1, 2017. AND, if you have ANY questions about these positions, PLEASE don't hesitate to contact me! I'll be more than happy to tell you all about these positions!

#### **Mark Your Calendars!**

I know it's still, as of this writing, 244 Days Away, but I want to invite you to attend the NWATA-D10 Annual Symposium and Business Meeting in Portland, March March 22-25, 2018 at the Red Lion Hotel on the River at Jantzen Beach!

As the Summer season begins to wane, I hope that all of you have taken some time for yourself and to re-charge and re-energize and reflect on what it means to be an athletic trainer and the impact we can have with our patients. WE are a powerful medical profession that I believe are just now beginning to realize what we are capable of when we work together with patient care as our focus! I encourage all of you, no matter where you are within our District to "step outside" of your setting and connect with a colleague from another setting; get to know their story and share yours as well. It's good for the "AT Soul" to connect! I've said it before...We are a POWERFUL Family! And as "family matters" go, PLEASE feel free to call or email with issues, concerns or ideas



that you may have, so that we can work together to resolve them. Ben, Craig and I will be meeting here soon to brainstorm ideas on continuing the forward trajectory of the NWATA. And speaking of Ben Henry and Craig Bennett...WOW! What great leaders and forward thinkers; I'm fortunate to work alongside them!

As I close out my first Director's report, I want to THANK ALL OF YOU for your encouraging words and support. The NWATA has had a long history of STRONG, PASSIONATE, FORWARD THINKING Director/Presidents and I'm humbled to follow in their footsteps. I'm reminded of something I heard often growing up in my small mining town, (Yes, it's Irish) that I've been reflecting on quite a bit lately, as well as similar advice I got from my Father, this past week in Montana, as we discussed this new position you've entrusted me with, "May you have the hindsight to know where you've been, the foresight to know where you are going, and the insight to know when you have gone too far" It seems like a good guiding principle for me as I represent and work for you as your District Director and President.

Respectfully Tony Fitzpatrick NWATA President/District Director

# Website Release

Well, the day has finally come to announce the release of the NEW DISTRICT WEBSITE!! If you haven't seen it yet, head on over to <u>NWATA.ORG</u> for a preview. There are a few goals of the redesign:

- 1. New look and feel we realize that a modern look can a better impression four our association and we wanted to do just that. The new platform also allows us to continue to expand our website capabilities. We want to bring in a better social media presence and a better network of resources.
- 2. Ease of use This was a must for us. We needed our website to be a resource for our members. This starts at our homepage. We want an environment where information is a single click away. One key feature is out "Contact" button at the top right of the homepage. If you need any assistance or just would like to give feedback, please feel free to use this feature!
- 3. Google Docs We are always looking for new ways to make nominations for awards and scholarship applications easy. We think we've come up with a great solution and hope to expand on this.
- 4. Pictures we wanted a platform to showcase our district members. We need more. Please send us pictures of yourselves in action! We need more pictures!!

We really hope you enjoy the new website. We worked really hard to make sure it was the best it could be but still have the capability to grow with our district. If you have any feedback or ideas, please don't hesitate to send them along.

# HELP NEEDED

We are working very hard to redesign the website and we need something from YOU. We are looking for high-resolution pictures of our Athletic Trainers in action! If you have any of these, please send them to me at **benjaminhenryatc@gmail.com** 

# Ethnic Diversity Advisory Committee - Dani Moffit

The EDAC had a busy few days in Houston. On Monday we went to Victory Preparatory School and taught students in grades 6-12 about athletic training, taping, general first aid, and anatomy. I even taught a few of them where Idaho is! The EDAC hosted its Town Hall and awarded the Bill Chisholm award to Veronica Ampey from District 3. "Be the Match" was available for attendees to register their DNA to help with bone marrow transplants. Volunteers of diverse ethnicity is a very small percentage of what is on file, so the more individuals of ethnic diversity who register, the better chance of helping another in need of transplants. In addition, EDAC's educational session was "Leadership and Entrepreneurship in Athletic Training" and the Career Day was well-attended.

At committee day there were several items addressed. We are working on creating a nondiscrimination statement that is the same across the alliance. Additionally, there are several work groups that have EDAC members involved. Leadership diversity in the NATA is a topic that is being researched and the EDAC will be moving forward with recommendations to the membership in the next year. There are two pieces of information we need membership to help with:

**History:** The EDAC is compiling a historical overview of the committee. There is a timeline, but it is full of many holes. If you know of any diversity person from the district who has had a role in athletic training, in any form, please let me know! I will pass that on.

#### Graduate Representative, Ethnic Diversity Advisory Committee:

The Ethnic Diversity Advisory Committee (EDAC) invites candidates for a graduate representative to fulfill a one-year term (renewable once). As a committee of the NATA, EDAC strives to identify and address issues relevant to our ethnically diverse community, both in the health care arena and in the National Athletic Trainers' Association. We also strive to promote diversity in our membership and leadership.

All interested candidates, please send a resume and letter of interest to Arturo Flores at <u>ARFLORES77@gmail.com</u>. The deadline for applications is August 15, 2017.

Candidate requirements:

- First year graduate students, or college senior entering a graduate program
- Should be ethnically diverse
- BOC certified, BOC eligible or enrolled in an entry-level Athletic Training Master's degree program
- NATA member

Duties and Responsibilities:

- One year commitment to serve the NATA and EDAC on issues related to diversity
- Attend, participate and record minutes for the all committee meetings
- Update the History in the EDAC manual
- Assist with selection of the incoming Graduate Student Representative
- Coordinate the EDAC Annual Service Project Day at the NATA Annual Meeting
- Assist in EDAC Career Day
- Serve as a liaison for the Young Professionals Committee

Now for the fun news . . . The EDAC Enhancement Grant deadline has come and gone. I'm happy to report there was one grant awarded to members of District 10. Valerie Moody, ATC, Justin Hunt, ATC, and John Sunchild from University of Montana were awarded full funding for their grant, "Engaging American Indian Students with the Athletic Training Profession". Congratulations!

#### **Committee on Professional Ethics - Tyler Beauregard**

We're all getting ready for a new school year. Make reviewing the code of ethics/professional standards a part of your preparations. Please use the links below!

<u>Bylaws</u> <u>Code of Ethics</u> <u>Policy and Procedures Manual</u> <u>Membership Standards and Sanctions</u>

### **NATAPAC - Dana Gunter**

The NATAPAC Breakfast kicked off the Convention in Houston on Tuesday morning. This years guest speaker was Ron Courson, ATC, PT, NRAEMT. He spoke about our role in helping bring out the best in others with his "Who Do You Propel?" Speech. I have included the link below.

Thank you to everyone in D10 who has contributed to NATAPAC in 2016 and 2017! Every dollar counts. Please consider contributing when you renew membership, register for convention, attend the NATAPAC breakfast and participate in our D10 NATAPAC fundraiser in Portland!

https://www.nata.org/blog/jordan-grantham/who-do-we-propel

**District Volunteer Positions Available!** 

**Public Relations Chair** 

**MDAT Award Chair** 

**NWATA Meetings Chair** 

**NWATA Meeting Programs Chair** 

**Specialty Awards Chair** 

**Professional Education Committee** 

If you are interested, please send your letter of interest and resume to

Tony Fitzpatrick at <a href="mailto:tony.fitzpatrick@boiseschools.org">tony.fitzpatrick@boiseschools.org</a>

# International Committee - Cynthia Wright

#### International Committee Offers Fund to Present Internationally

The NATA International Committee is offering up to \$5,000 to cover expenses associated with presenting internationally at a conference that will increase recognition of ATs worldwide. Check out the details of theInternational Speaker Program, and let's get applicants from DIO! If you have any questions about the International Speakers Program, or other international issues, your DIO representative to the International Committee is Cynthia Wright (cwright@whitworth.edu).

## NATA Foundation - Scott Richter

First I want to thank all of you from the bottom of my heart who donated their valuable time and money at the state, district and national levels. Your contributions are much appreciated, funding scholarships for students and allowing professionals to carry out cutting-edge research for the enhancement of our great profession! Here is an update on the exciting initiatives/events directed by the NATA Foundation.

#### I. NATA Symposium and Foundation Initiatives/Events Update:

- a. **The 5K Fun Run**, fueled by Gatorade was successful attracting 343 runners which brought in approximately \$8,575 and 25 fundraising pages were created which generated \$5,344
- b. **Donate a Photo** sponsored by Johnson & Johnson is going well. To date (7-11-17) 6613 photos. Please continue to donate until **August 26<sup>th</sup>**. Johnson & Johnson will donate \$1 for ever photo to the NATA Foundation for research and scholarships. It takes about 1000 photos to create a safer environment
- c. Wild West Casino, it was truly a spectacular night featuring a real Texas Long Horn bull, gambling, jail time for some of our well- known NATA members, great food, exceptional music and dancing and let's not forget those who were brave enough to jump on the mechanical bull!!! There were a few real cowboys in the crowd but most of us were "Urban Cowboys" role playing in the great state of Texas! All-in-all the many fund raising venues were successful in raising an estimated total of \$47,058!
- d. **NATA Foundation Silent Auction,** we must give gratitude to the individuals and companies who donated the many special items for the silent auction. The estimated total proceeds from the auction are a little over **\$17,000**.

#### II. AT Loyal Giving Society

a. Please consider joining the AT Loyal Giving Society by making a pledge throughout the year. The NATA Foundation is committed to funding excellent programs in the Athletic Training Profession. Your donation will assist in improving the quality of life for patients of athletic trainers. Your gift will greatly appreciated!

#### III. District and National Quiz Bowl Co-Branding

- a. As with the district meeting, the NATA Foundation supported the NATA Quiz Bowl! Congratulations to the MSUB quiz-bowl students for finishing 3<sup>rd</sup> place. Being the smallest district we should be very proud of their accomplishments.
- IV. Foundation Ambassador program- I will be focusing on development and recruitment DIO members to be participate in the ambassador program. These individuals will assist me in being a voice for the Foundation. Lynne Young has graciously agreed to serve as the ambassador for Alaska. The position is:

- a. 1 year term (renewable)
- b. Specific duties are assigned to work with state leadership and district chair
- c. Evaluated yearly.
- **II.** New Strategic Plan, throughout the year select NATA Foundation Board members created and introduced a new dynamic strategic plan and it was ratified by the all board members at the Houston meeting. To parallel the new strategic plan the board engaged in an in-depth discussion to consider realignment of the Board to promote optimum efficiency and compatibility with the new plan.

I know all of you have spent countless hours throughout the year promoting our great athletic training profession and providing a safer environment for athletes of all ages and abilities. It is my sincere wish that you take some time to rest, reflect and reenergize this summer! Thanks for all you do!

# **ATs Care - Lisa Kenney**

We had an incredible and very productive committee meeting in Houston! As of that meeting, we had over 180 incidents reported internally or via Google Alerts to the National Committee. If you are interested in being a part of the District 10 ATs Care team please contact me. The Assisting Individuals In Crisis training that was offered in Houston at NATA will also be offered at the NWATA Meeting in March so look for information on. For more information visit: <u>http://www.nata.org/membership/about-membership/member-resources/ats-care</u>

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# Professional Responsibility Committee - Ciara Rink

Howdy everyone! I hope that you are all enjoying your summer as much as I have been and making lots of memories. We had a great committee day in Houston at NATA and we I am pleased to say that big things are happening!

The Professional Responsibilities Committee (PRC) is now referred to as the Professional Responsibility in Athletic Training (PRAT) Committee...woohoo! No more confusion with Public Relations. We've got three major subcommittees developing right now: Professional Responsibility for the 21st Century Athletic Trainer, Awards (to develop a PRAT award), and Legal, Ethical, and Regulatory (LER) Case Studies. Our major goal with all of these subcommittees and the PRAT committee as a whole is for us to help the membership understand the professional responsibilities that we as 21st century Athletic Trainers are forced to deal with.

I am so very excited to be able to represent the amazing membership we have in District 10. More information to come as our committee continues to develop and progress. Keep being awesome and enjoy the rest of your summer!

# Honors and Awards - Greg Mitchell

Have you ever considered nominating a colleague for an award? Think it's too much time or work? Think again!!! It only takes a few minutes to nominate a fellow AT who has volunteered their time and skills for the NWATA. There is a lot of time before nominations are due in, but why wait to the last minute!!

Nomination Forms can be found on the NWATA website (<u>www.nwata.org</u>) and are due by December 1st. Three NWATA awards are open for nominations.

#### NWATA Outstanding Service Award:

This award recognizes those athletic trainers whose outstanding contributions and dedicated service have furthered the advancement of the NWATA and the athletic training profession.

#### **NWATA New Horizons Award**

This award recognizes those athletic trainers who are relatively new to the profession and are making a significant contribution at the district level. The intent is to recognize members who are new to the profession (having been ATCs fewer than 12 years) but are making a very positive impact on the profession while still fairly early in their athletic training careers.

#### NWATA Hall of Fame

The NWATA District 10 Hall of Fame Award is to recognize and honor those members of our District who have consistently served and demonstrated outstanding and unusual service to the NWATA and profession of Athletic Training for at least 20 years.

# **State Updates**

# Montana



Governor Bullock signing HB 487 Revising the Dylan Steigers Protection of Youth Athletes Act to include youth sports organizations in our concussion law for the newsletter!

## Oregon

NFL Grant – 8 high schools were awarded grants to create or expand AT services at the school as part of the NFL AT Grant Program.

We are taking nominations for the OATS Secretary/Treasurer position. Nominations will be accepted until August 1, 2017. At that time, nominations will close and the election will be conducted. The individual who wins the election will assume the position after the OATS Business Meeting at next year's District meeting. You may submit your own name or another person who you think would be a great candidate. Names submitted will be contacted and given the opportunity to accept or decline the nomination. If you submit someone please include their contact information. Send nominations to <u>Jennifer Krug</u>.

OATS will hold an AT Awareness Week to promote awareness of the profession of ATs. Awareness week will take place Sep 29 – Oct 6. More information will be available on the OATS website.

## Washington

The Washington State Athletic Trainers' Association hosted their Annual Meeting and Clinical Symposium on July 15th at UW, in the Don James Center at Husky Stadium. There were approximately 90 in attendance for the educational programming which included COPA updates on billing for services from Chris Potvin, an overview of iLead from Nick Cromidas (WSU), and 2 EBP Sessions with Scott Cheatham, just to name a few! Thank you to our sponsors, without who this meeting would not run: DonJoy, Cramer, Henry Schein, Pacific Medical and Gatorade!



# **Final Thoughts**



I hope you are all enjoying your summer. I wanted to take the opportunities to thank each of the Committee Chairs for their assistance in getting the website up to speed. It takes a village to make this thing work right and I do appreciate all of the support.

With that being said, if you are looking to get involved, please send me an email. We have plenty of opportunities for members to get their foot in the door and be a part of this amazing association.

Contribute to YOUR newsletter! If you have a good story, news, information or feedback for this newsletter, please send to

> Ben Henry benjaminhenryatc@gmail.com