

# NORTHWEST ATHLETIC TRAINERS' ASSOCIATION

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## From the Director



“Family! Like branches on a tree, we all grow in different directions, but our roots remain as one”

This old Irish Proverb is a great way to invite and welcome you, on behalf of the NWATA-District 10 Board of Directors, to our Annual Meeting and Clinical Symposium in Portland, Oregon, March 22-25, 2018. By now all of you should have received your email inviting you to register for this year's meeting and if you look over our planned agenda, you will see the hard work and effort of our District Meeting Coordinator, Suzette Nynas and the local planning committee have put forth to bring you an exceptional educational program. Suzette has once again squeezed out every possible minute to provide you with 13 CEUs during the regular Friday and Saturday sessions. I'm excited about the diversity of education topics at this year's meeting! And with what has become a hallmark of our annual meetings, the Pre and Post-Conference workshops will provide you more CEU Opportunities. I am especially excited for the AT Care



**Lynne Young, M.ED, LAT, ATC**



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Training that will be taking place. Please, if you have any questions, don't hesitate to contact me or Lisa Kenney, our NWATA ATCares Chair.

I'm equally excited that the NWATA will be able to host and show our brand of Pacific Northwest hospitality to our special guests who will be attending. NATA President Scott Sailor, NATA President-Elect, Tory Lindley and NATA Assistant Executive Director Rachael Oats will be with us and I know all three are more than happy to shake your hands and answer any questions you may have. It will also be an opportunity to thank and show our appreciation to President Sailor as his term as president concludes in New Orleans. Two of the other three NATA Strategic Partners, the CAATE and the NATA Foundation will also be present for you to ask them questions as well as it pertains to our association and profession.

Our student members have, once again, the opportunity to plan their own educational sessions based on their interests with the Russ Richardson Student Forum on Thursday March 22; I am looking forward to seeing what they have planned. And to top off their NWATA Experience will be the 9<sup>th</sup> Annual NWATA Koto-Steele Quiz Bowl. This has become a rousing favorite among members as the atmosphere of the Koto-Steele Quiz Bowl is in a word...ELECTRIC! Last year, Montana State University – Billings was crowned champion and as a way to support the Yellow Jackets at the 2017 NATA Quiz Bowl Competition, I sported a MSU-Billings Tie and a pair of dapper Blue and Yellow socks to support our D10 Quiz Bowl Team! Who will I be wearing this year in New Orleans? Come find out and see who is crowned champion!

Besides the business of our professional education, NWATA2018 also affords us the opportunity to take care of the "Business of our Association" State Meetings will be Friday evening with the Annual NWATA Business Meeting scheduled for Saturday, March 24 at 11:45pm. During this year's business meeting, we will be addressing the tabled motion from NWATA2017 regarding a by-laws change to the Nominating Process. A future email will provide you with more information regarding the tabled motion and proposal to afford you the opportunity to contact me with any questions.

And what is a family reunion with out "Family Photos?" So with that in mind, I do have a small favor to ask of all of you! Would you please email me a picture of YOU in action as an AT or perhaps you doing something that helps you keep your "AT Life-Work Balance" in check; and that can be anything that makes you smile. I'm hoping to celebrate YOU at NWATA2018. Please send your pictures to [tony.fitzpatrick@boiseschools.org](mailto:tony.fitzpatrick@boiseschools.org)

## Notes from the Board Room

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The NATA Board of Directors approved in December the COPA Physician Practice Value Model. A great deal of work went into creating this much needed document for athletic trainers in this practice setting. This will be a GREAT resource for NATA members, so keep an eye out for it in a future NATA communication and publication.

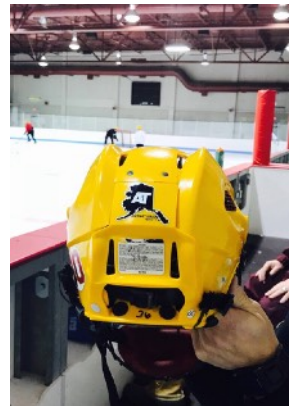
## From The NWATA Homefront!

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Our NWATA Member State Associations CONTINUE to raise the bar of excellence as they promote the profession of athletic training. Congratulations to Alaska, Oregon and Washington for receiving NATA Governmental Affairs grants to assist their legislative efforts for the upcoming year. As athletic trainers, we all know how important it is to stay abreast with what comes out of our respective state houses. A big thank you to Lynn Young, NWATA Governmental Affairs Committee Chair, in helping with the enormous job of grading each application that comes in at the NATA Level. It's a DAUNTING task!



The AT Helmet Sticker campaign made its way to Alaska! HUGE Congratulations to the AATA on their very successful and visible campaign #AATASafetyinHockey promoting Athletic Trainers and Athletic Training with their Hockey Helmet Sticker Campaign!



As always, if you have any questions or concerns, please don't hesitate to contact me. And as I count down the days until we meet up once again as "Family" in Portland, let me leave you with this:

"To all the days hear and after...  
May they be filled with fond memories, happiness, and laughter"

Respectfully,  
Tony Fitzpatrick  
NWATA President/District Director

## Treasurer's Report - Craig Bennett

Happy New Year NWATA friends and colleagues! Working my way through this first year serving as your Treasurer has been humbling and fulfilling at the same time. There has been a lot to learn but thanks to the organization and mentoring of Jenn Stueckle the learning process has gone from overwhelming to becoming more familiar by the day. Our association has been financially prudent and stable thanks to our previous leadership over the years and we are in good position to continue this trend.





In August, after one of our \$10,000 bonds matured, we transferred \$35,000 from savings to a Raymond James investment account for a new scholarship endowment. We anticipate an annual return that will allow us to endow one of our five NWATA scholarships. We will keep you posted on the status of this account as our money goes to work for the future of our profession.

As you are familiar, Debi Richardson has retired after many years of preparing our association taxes. In September, after searching locally and consulting with colleagues in other district associations, we have come to retain the services of Blake Rochette, CPA of Litka, Rochette & Co., CPAs. Litka, Rochette & Co. are familiar with our profession and the nature of our association through their years of working with the Far West Athletic Trainers' Association (FWATA) and the

California Athletic Trainers' Association (CATA) and we are happy to work with them moving forward.

Thank you for the opportunity to serve our membership as these first months have been fun getting to work closely with Tony, Ben and Cari and sharing in their enthusiasm and genuine passion for serving all of you in our great profession. I'll look forward to seeing you in Portland in March!

Cheers!  
Craig

## NWATA Conference: Portland, OR - March 22-25, 2018



Best New Year Wishes to all NWATA members! On behalf of the Board of Directors, the local planning committee and myself, I am excited to invite you to our Annual Meeting and Clinical Symposium at the Red Lion Hotel on the River - Jantzen Beach, March 22-25, 2018. The local planning committee has recruited great local talent and speakers for our conference that will appeal to a diverse group of athletic trainers!

Certified Athletic Trainers can earn up to 13 CEUs, currently with 7 of those being EBPs, by *just* attending the two-day portion of the Clinical Symposium. Additional CEUs can be earned from either the Thursday full-day workshop, the Sunday half-day workshops, or you can do both and walk away after four amazing days with close to 23 CEUs. What a great opportunity to start earning your CEUs for the new BOC Reporting period. We have applied for EBP status for many of our agenda topics, and we are waiting on approval from

the BOC for potentially more EBPs. As soon as we get confirmation, an e-blast will be sent letting you know how many of the 13 will be EBP. Many of the topics at this year's meeting are very timely and pertinent to many different practice settings, so there is something that will pique your professional interest for sure.

See the NWATA website for more details and registration.

## Special Feature

### NWATA Athletic Trainers International Trip - By Craig Bennett

In the spring of 2015 our University of Puget Sound Football Head Coach Jeff Thomas informed me that he was considering an international trip for our football program in the next year or two. Like any athletic trainer I was intrigued about the opportunity to share in a unique cultural and sport experience with our student-athletes and coaches and the prospect of visiting a country that I haven't yet been to. So, the natural location for us to go play American football was China! The answer to your question is, "Yes, there is American football in China." I asked the same question.

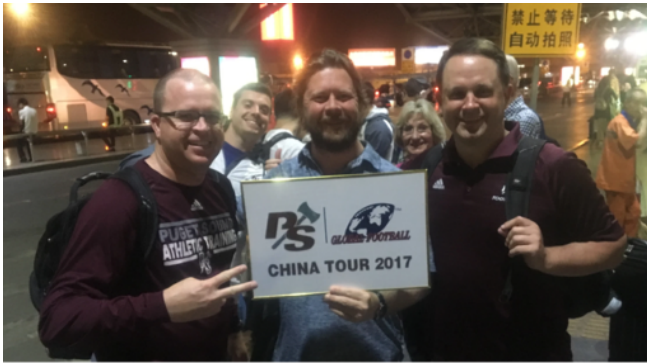
Fast forward to the spring of 2016 and we are officially planning for our trip to China in May of 2017. I'm grateful for the professional relationship I have with Coach Thomas that has developed through years of respectful and thoughtful communication about all things football, sports medicine and student-athlete development. As a result, he knew I would have questions and expectations for what we needed to consider and plan for with regard to general international travel and then the things we needed to consider for the one practice and one football game we would play. Coach Thomas put me in touch with John Roslien who was with the tour company we used, Global Football. Another great bonus was that John was a fellow AT (and a legendary one at that, look it up) from NATA District 5 with nearly 20 years of experience taking college football teams all over the globe and he had many of our questions, concerns and expectations answered very early on.

Ask yourself all of the questions you can think of for a foreign sports tour related to general medical/illness resources, medical insurance/athletic insurance coverage, climate/air quality, access to water, etc. and then include the football factor. Would there be sideline EMS and if so would they be equipped for the worst injury situations possible? What was the distance to the closest emergency medical facility equipped to handle a c-spine injury, severe head injury or other serious trauma? What was the access to water/injury ice on the sideline? How would our athletes with asthma manage the poor air quality? And many more.



According to Global Football the Puget Sound Loggers would also be the first college football team to play a game in China! What an honor but also what a challenge for an athletic trainer to prepare to play a football game in a country with very little



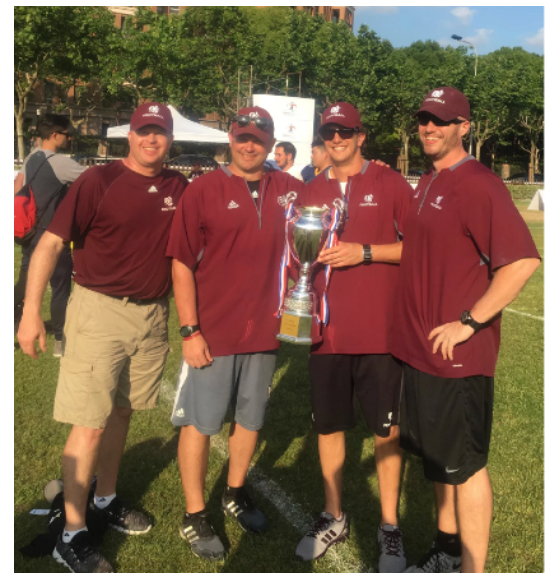


experience with managing football related injuries. Like most ATs I love football game day and all of the planning that goes into assuring we are as prepared as possible with our EAPs to provide the exceptional acute injury care and emergency injury management we provide. With thoughtful collaboration from our medical staff and team physicians, coaching staff, university administrators, study abroad office, insurance administrators and tour company we felt we were prepared to take advantage of this great opportunity for our student-athletes and staff.

The itinerary that took us to Beijing and Shanghai was amazing! From the Great Wall, walking on the roof of the Bird's Nest and overlooking the stadium floor, the Forbidden City, the Ming Tombs, a rickshaw ride through Old Beijing, a tea tasting, observing jade artisans, riding the high-speed train four and a half hours at 310 KMH (192 MPH), walking tour of Shanghai, a youth football clinic and nine days of the best local Chinese cuisine it was a memorable trip and I am grateful to have been able to share the experience with our student-athletes and coaches.

There was also a nighttime boat ride in the Shanghai Harbor on the itinerary (one of the two things I was looking forward to the most) but that disappeared from my itinerary when two of our players experienced severe symptoms related to dehydration from gastrointestinal distress. So, our itinerary was amended and as soon as we got off the train in Shanghai the three of us headed to the closest medical facility. With instructions written in Chinese on the back of the hotel business card (thanks to our local tour guide), our itinerary now included a rush hour taxi ride through downtown Shanghai. Not the same as the boat ride the rest of the team was happy to embellish to us the next day but exciting nonetheless. As the IV fluids were flowing for several hours and condition of our guys improved I found myself appreciating the experience and if this was the most challenging part of the trip then we would be in good shape.

And then we played football! After managing the first five days of the trip in 95+ degree weather and air quality regularly above 100 in Beijing we were playing football in 85 degree weather in Shanghai. The Puget Sound Loggers and the Shanghai Titans (American Football League of China) played in front of several hundred local fans at a park in a Shanghai residential area. With two of our guys out due to their trip to the ER the day before, we played the game with 20 players compared to the roster of 50+ for the home team with players ranging in age from 17 the mid 30s. Prior to the trip we planned to play the game with a modified format of no kick-offs or punt returns and we would wear our Guardian caps (padded helmet covers) that we normally wear for practices. This benefitted us with our limited roster size as most players played both ways. Global Football made sure we had plenty of bottled water and fruit on the sideline which allowed our players to manage the elements with ease. As the game progressed and the scoring gap increased in favor of the Loggers our players could be seen coaching their counterparts on the field showing them techniques and skills in between each play. The game was played with the usual skill and physicality but with the announcer yelling during each play, the crowd cheering for both teams acknowledging their effort, the drones flying overhead it became a unique cultural experience that we will always remember.



After the game both teams shared gifts and their mutual respect for their brothers in football. Watching the teams interact after the game was as fulfilling as any of the sights and tours we shared on the trip.

This trip to China is easily one of the highlights of my athletic training career and I hope other ATs are fortunate to have a similar experience. If I do get back to China, the first thing I'm going to do is go on a boat ride at night in the Shanghai harbor. Coach Thomas says it was the best part of the trip.

## Committee Updates

### Ethnic Diversity Advisory Committee (EDAC) - Dani Moffit

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This year there will be two service projects at NWATA. The first is Be the Match ([bethematch.org](http://bethematch.org)). Be the Match is the organization that matches individuals to be bone marrow transplant donors. On Saturday, there will be a representative at NWATA who will be signing up people to become bone marrow donors. At donor registry drives, the focus is on recruiting new registry members ages 18 to 44. This is based on medical research that shows younger donors are best for patients and provide the greatest chance for transplant success. Because of this, doctors request donors in the 18 to 44 age group more than 95% of the time.

All you need to do is:

- Complete a registration form with contact information, health information and a signed agreement to join the Be The Match Registry. To help you complete the form, bring along:
- Personal identification (such as a driver's license or passport)
- Contact information for two family members or friends who would know how to reach you in the future if your contact information changes
- Give either a swab of cheek cells or a blood sample to be tissue-typed. We will use the results to match you to patients.
- For those over the 44 age limit, please also consider making a financial gift to the Be The Match Foundation®. The total cost to add a new member to the registry is about \$100. Your generous contribution in any amount is tax-deductible and helps make it possible for others to join.

That's it! You'll be listed on the registry -- where doctors turn when their patient needs a bone marrow transplant and there is no matching donor in the patient's family.

The second service project is supporting [USOWishbook.uso.org](http://USOWishbook.uso.org). There are many different levels of giving. You could donate \$15 for a comfort care package, \$25 for a call home, or \$25 to help with the Wounded Warrior project. If you don't want to donate a monetary gift, you can send a card to one of our service men and women. This is an opportunity to give our thanks to those people who keep US safe. More information will be forthcoming.

### Scholarship Committee - Dale Blair

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Time is running short on finishing your scholarship applications! The deadline for all scholarships is **February 1**. For Professional and Post-Professional Scholarships there is one big difference this year for our district level awards. Previously, we used the same application as the national scholarships. This year, we are using our own scholarship application so please remember to submit a district application in addition to a national app.

Here is the link to [Scholarship Information and Application Links](#)

Also, if you are a certified athletic trainer in District 10 and have a dependent child headed to or enrolled in college, have them apply for our Family Scholarship.

### **Committee on Professional Ethics (COPE) - Tyler Beauregard**

**MY PATIENT'S WELL-BEING IS MY FIRST PRIORITY.  
I PROVIDE THOUGHTFUL, COMPASSIONATE  
HEALTH CARE, ALWAYS RESPECTING THE  
RIGHTS, WELFARE & DIGNITY OF OTHERS.**

**I AM AN  
ATHLETIC  
TRAINER**

**AS THE ADVOCATE FOR MY PATIENT'S BEST  
MEDICAL INTEREST, I MAKE COMPETENT DECISIONS  
BASED ON EVIDENCE-BASED PRACTICE.**

**I ACT WITH  
INTEGRITY.**

**I FULLY UNDERSTAND  
AND UPHOLD THE NATA  
CODE OF ETHICS, PROVIDING  
THE BEST  
POSSIBLE  
PATIENT CARE  
AT ALL TIMES.**

**I COMPLY WITH THE  
LAWS AND REGULATIONS  
GOVERNING THE PRACTICE OF  
ATHLETIC TRAINING,  
AND I PLEDGE TO MAINTAIN  
AND PROMOTE THE  
HIGHEST QUALITY  
OF HEALTH CARE.**



The NATA recently released "The Athletic Training Manifesto" as a public declaration of the high ethical standards that we hold ourselves to as members of the NATA. It's free to download from <https://www.nata.org/membership/about-membership/member-resources> and a poster copy was included in the January NATA News.

The NATA is also holding a drawing for a \$100 gift card for ATs who share a photo on social media of the manifesto that they have displayed with the hashtag #ATManifesto"

### **History and Archives - Ken Kladnik/Rusty Baker**

We will be unveiling our new Hall of Fame display at the March meeting in Portland which will be very special. If anyone has anything they would like to donate to the archive display, it would be greatly appreciated. We are looking for items 40 plus years or older. Examples would be old first aid kits, a can of nitro tan and cider suds, or a salt pill dispenser. For more information, please contact Ken Kladnik at 509-929-0896 or [kladatc@gmail.com](mailto:kladatc@gmail.com).

### **LGBTQ+ Advisory Committee (LGBTQAC) - Dani Moffit**

The mission of the LGBTQ+ Advisory Committee (LGBTQAC) is to advocate for an environment of inclusion, respect, equity and appreciation of differences in both athletic trainers (ATs) and their diverse patient populations. The committee will identify, explore, address and provide educational resources regarding emerging topics and concerns relevant to diverse sexualities, gender identities and gender expressions within the profession and health care topics affecting patients in the LGBTQ+



community. *Note: The plus sign represents diverse sexualities, gender identities and gender expressions, which may not be explicitly included in the “LGBTQ” acronym.*

### Accomplishments

- Becoming an NATA Committee
- Twitter Account – follow us! @LGBTQNATA
- Database of interested ATs who want to be involved – this is peer networking
- Website established: <https://www.nata.org/lgbtq-advisory-committee>

### Upcoming activities

- Committee Meeting in New Orleans – you are invited to sit in! Tuesday the 26th
- Filling the website with resources

## **Public Relations Committee - Kaleb Birney**

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I took over the Public Relations Chair a few months ago and it has been an absolute blast being able to share some amazing stories about what our district is doing every day, from the AATA Safety in Hockey and WSATA Safety in Football campaigns to the University of Montana reaching out to American Indian students and teaching them what an athletic trainer does and hopefully recruiting them to the profession.

We have launched a new Facebook page (@NWATAd10) and will be eliminating the Facebook group (Northwest Athletic Trainers (NWATA District 10)). So please make sure you like and follow our new page for updates and don't forget to like and share all of our posts! Our twitter page is continuing to become more active so please give us a follow @NWATAd10 and feel free to retweet our fantastic tweets.

Keep an eye on our social media sites for more information about the 2018 NWATA Meeting in Portland in March. We will be posting pictures of things to do around the hotel and in Portland.

Looking ahead to NATM in March our slogan for 2018 is Compassionate Care For All, there are also some new resources that you can find on the NATA website as well as the NATA News. Check out the Athletic Training Manifesto that all NATA members will receive as a poster in the January 2018 NATA News. You can download different colors to match your school or employer, apply it to the background of your phone or desktop and add it to your social media sites! Make sure during the month of March you change your social media profile pictures to the NATM logo that can also be downloaded on the NATM page on NATA.org. Make sure to check out the links to the Samples section for pdf formatted samples of releases, PSA's and other forms for you to give to your radio stations, news stations, newspapers and even you announcer during events. Finally check out the NATM Social Media Contest it is extremely easy to enter, all you have to do is take a photo or video that shows how you are celebrating NATM (this is a great time to use the logo or manifesto), post the photo or video to Facebook, Twitter or Instagram using the hashtag #NATM2018 during the month of March, 3 winners will be selected at random to receive a \$150 Amazon gift card! Each individual photo counts as one entry; feel free to submit as many entries as you can, the more you enter the greater chance you have of winning!

We are always looking for items to put into the NATA News each month, if you have an event or story that you would like us to highlight please forward a write up of the event and feel free to include pictures in JPG format. If you have information that you would like us to put on our social media sites please feel free to email me at [kalebbirney@gmail.com](mailto:kalebbirney@gmail.com)

## Professional Responsibility in Athletic Training (PRAT) - Ciara Ashworth

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The Professional Responsibilities Committee recently changed their name to Professional Responsibilities in Athletic Training, or PRAT.

### Upcoming presentations

- CA STATE MEETING February 2018 - Severity of the regulation issues for ATs in California
- GLATA MEETING (D4) March 2018 - Complying with your state's laws and practice act
- MAATA (D3) MEETING May 2018 – Minimizing Risk
- FWATA (D8) MEETING April 2018 - Severity of the regulation issues for ATs in California
- NATA 2018 PRAT COMMITTEE PRESENTATION The Line: Appropriate Professional Relationships
- NATA 2018 Foundation Free Coms - Severity of the regulation issues for ATs in California
- NATA 2018 - Unique Perspectives: A comprehensive debate relative to minimizing legal risk in athletic training (Jeff Konin & Randy Cohen – note: this not a committee presentation, but supports PRAT mission)
- NATA 2018 Featured Presentation: Lawsuits: How Can Athletic Trainers Minimize Risk? (Jeff Konin, Randy Cohen, Matthew Mitten – note: this not a committee presentation, but supports PRAT mission)

For more PRAT information, check out their full update on the [NWATA.org](http://NWATA.org) website.

## State Updates

### Montana

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The University of Montana Athletic Training Program received an EDAC grant to assist with the development of a new initiative focusing on recruiting American Indian students to the athletic training profession in Montana. Athletic training staff and students conducted workshops at tribal colleges (Stonechild College and Blackfeet Community College, as well as on UM campus) focusing on injury prevention techniques and answering questions about the profession. Coaches, administrators and tribal college students participated in the workshops learning skills that an AT regularly performs on the job. The visits have been well received thus far and follow up visits are already being scheduled. Travel grants for students to come to the UM campus to shadow an AT for the day will be awarded in January and the UM staff and students are already planning return visits to the tribal colleges to conduct full day workshops focusing on nutrition, strength training, injury prevention, and first aid/CPR training. The plan is to expand the programming to all 7 tribal colleges in Montana over the next year and to develop relationships with each of the tribal colleges to nurture interest in the athletic training profession.



*Pictured: Members of the UM Athletic Training Program helping students from Blackfeet Community College with ankle taping.*

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## Washington

The NWATA would like to congratulate Jeff Morrison, LAT for his life saving work while covering a JV football game. In the 3rd quarter one of the home athletes went down. Jeff heard the commotion and quickly ran to the athlete to check out what was going on. After checking for pulses and finding a faint, at best, pulse Jeff quickly removed the jersey and pads and applied the AED. While the AED was initializing he began CPR with the assistance of one of the coaches who is also a firefighter, EMT. After initializing the AED recommended shocking, and a shock was sent. CPR resumed for 2 minutes and again the AED analyzed. Another shock and then the athlete regained consciousness. It was at this time that the Valley fire department arrived and managed the incident.



The Washington State Athletic Trainers' Association sponsored the state's first Safety in Football Campaign this fall. 17 high schools and 3 universities around the state were provided decals for their teams' football helmets and the athletic trainers at the schools were charged with educating parents, administrators and the community about how athletic trainers make sports safer for everyone. The efforts put forth by the participating schools were incredible, with stories being put in local newspapers, social media postings, and in game announcements to continue to promote the importance role ATs play in sports safety.

The 2017 WSATA Safety in Football Campaign wrapped up in December, a few of our university programs donning the helmet stickers and promoting athletic trainers and sports safety. The University of Puget Sound Loggers wore the stickers versus George Fox University on November 11th, Eastern Washington University wore the helmet stickers while playing Portland State on November 18th, and the University of Washington wore them during the Apple Cup on November 25th. The week leading up to the Apple Cup, Rob Scheidegger, Head Football Athletic Trainer for UW worked tirelessly to promote safety in football and the importance of having an athletic



trainer on the sideline for youth sports. Rob sat down with Q13 Fox and discussed the helmet stickers, athletic trainers, and youth sports safety. Husky coach Chris Peterson was also interviewed



by Q13 and gave his take on the need for athletic trainers. The Seattle Times published an article featuring Rob Scheidegger as well. The Yakima Herald and the Washington Diehards page also picked up the article reporting that the Huskies would wear helmet stickers to promote athlete safety.

The commitment to this campaign has been incredible and it has gone further than we could have ever imagined. A huge thank you to all of the schools and athletic trainers who participated in the Safety in Football Campaign this year: Bellevue High School, Eastside Catholic, Eisenhower, West Valley (Yakima), East Valley (Yakima), La Salle, Highland, Wapato, AC Davis, Selah, Toppenish, Kamiakin, Lake Washington, Walla Walla, Ferndale, Aberdeen, University of Puget Sound, Eastern Washington University, University of Washington



## Alaska

The Alaska Athletic Trainers' Association is excited to announce new leadership!

- President: Lynne Young M.Ed, LAT, ATC
- Vice President: Mary Perez MS, LAT, ATC
- Secretary: Alyssa Babcock MS, LAT, ATC
- Treasurer: Carolyn Black, LAT, ATC

The AATA was very interested in joining OATA's "Safety in Football" Campaign. However, with football season ending in Alaska, and hockey being a staple sport up here, we are expanding the campaign to include "Safety in Hockey" for all teams that qualify statewide. The dates of this campaign will run November 28-December 9, 2017 and again from January 26- February 10, 2018. The annual meeting will be Sunday, April 15, 2018 in Anchorage, Alaska. More changes are coming for the AATA including an updated website, quarterly newsletter, and a recently approved Secondary Schools Committee.



The AATA is in the process of finishing the second half of the #AATASafetyinHockey campaign on February 10, 2018. The first half of the campaign was completed back in December, it was hugely successful in bringing awareness to the athletic training profession and brought a collaborative effort from athletic trainers from all over the state to promote the campaign. To close out the first half of the campaign, the AATA was invited to do the ceremonial puck drop at the Governor's Cup Hockey Game between University of Alaska Anchorage and University of Alaska Fairbanks. This is was great opportunity that invited media attention, recognition of Alaska athletic trainers and

highlighted the role they play in making the sport of hockey safer.

The annual Alaska State Athletic Trainer's association meeting will be April 15, 2018 in Anchorage, Alaska. There will be multiple ways offered to attend the meeting for those unable to travel, information on this will be sent out closer to the meeting date.

Check out our new Facebook page Alaska Athletic Trainers' Association and follow us on Twitter @AK\_AthTrnAssoc for more updates from Alaska!

## Idaho

Congratulations to Dr. Tammy Pascoe who was awarded the 2017 Boise State University Most Distinguished Alumni award in November. Dr. Pascoe earned a bachelors and master's degree at BSU and also served as the Associate Athletic Trainer for many years at Boise State.

*Pictured: Dr. Tammy Pascoe pictured with Dave Hammons and District Director Tony Fitzpatrick at the Most Distinguished Alumni Gala. (Pascoe, Hammons, Fitz Gala)*



Congratulations to Shona Ramsay, a 3rd year student in the Boise State AT program who was awarded the 2017 Craner-Wade Athletic Training Scholarship.

*Pictured with Dr. George Wade and Gary Craner, receives the 2017 Craner-Wade Athletic Training Scholarship*



## Final Thoughts



As we enter a new year, I tend to look back at all the amazing things our profession has accomplished over the past year. 2017 was full of opportunities to shine, relationships that were developed, and new challenges overcome. I'm really looking forward to what 2018 is going to bring. I hope to see you all in Portland for our annual meeting. The planning committee has been hard at work and I know that it will be exceptional as always. If you plan on attending, please reach out to Tony, Craig, and I so we can either catch up or meet for the first time. Happy New Years, everyone!

Contribute to YOUR newsletter!

If you have a good story, news, information or feedback for this newsletter, please send to

Ben Henry  
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