

Northwest Athletic Trainer's Association  
 District 10  
**Committee Chair Reports**  
**March 2015**



**1. NATA Foundation Report – Valerie Moody**

District Giving- 2014 District Challenge Winner will be Announced at Meeting!  
 Triple D Challenge 2014

State	2013 # of Donors	2014 # of Donors	2015 Goal
Alaska	2	0	5
Idaho	8	13	26
Montana	8	17	34
Oregon	12	14	28
Washington	25	26	50
District 10 Giving	\$8787	\$9654	\$12,000

Scholarship and Grant Recipients 2014

- a. Four students from District 10 received a total of \$9,200 in national scholarships in 2014.
- b. Professional Masters: Megan Chavez, Eastern Washington University
- c. Professional Masters: Tyler Knight, University of Oregon
- d. Professional: Britt Dickman, University of Montana
- e. Professional: Tyrel Nelson, Boise State University

Continuing Initiatives

- a. Winner's Circle- Contacting previous District 10 Scholarship winners to highlight in the NATA News (Kiri Weeks featured last year)
- b. AT Student Challenge-
  - i. National Competition- Student groups donate to NATA Foundation; 3 awards given to 1)top overall donor; 2) top contribution to an endowment; 3)top

- contribution for 1<sup>st</sup> time participant; winners get up to \$500 in registration fees covered, NATA news, plaque, and tickets to Pinky Newell leadership breakfast
    - ii. District Competition- district winner will get up to 10% back not to exceed \$100 (University of Montana was District 10 winner in 2014- donated the money back to the Foundation)
  - c. Building Blocks of Clinical Practice- 12 total published now (Hyper/Hypothyroidism newest)
  - d. Position Statements
    - i. Management of Sport Concussion
    - ii. PPE and Disqualifying Conditions
  - e. Shoe Box Society
    - i. Three members in District 10 currently
    - ii. The Shoe Box Society for Planned Giving is designed to honor those who utilize estate planning to support the mission of the NATA Foundation
  - f. District and National Quiz Bowl Co-Branding
    - i. Help District Quiz Bowl Coordinator Find Judges; Give out framed certificates for winners; certificates given to all participants
  - g. Sponsored Speaker at District Meeting- the NATA Foundation will sponsor a speaker at the district meeting (up to \$200)

#### New Initiatives

- a. Foundation Ambassador program- “State representatives” no longer exist- we are focusing on development of an ambassador program recruiting as many people who are willing to be a voice for the Foundation
  - i. 1 year term (renewable)
  - ii. Specific duties are assigned to work with state leadership and district chair
  - iii. Evaluated yearly
- b. Created short 3-4 slide presentations for each state to use at their state meeting- will send to State president/state reps for use
- c. Silent Auction in Spokane (several repeat donors from Boise which is awesome!!) Money raised will be split between the Foundation and NWATA

#### Goals for 2015

- a. Continue to seek out new donors to the Foundation
- b. Creating a presentation for educators to use in District 10 about the NATA Foundation (NATA and BOC have them already)
- c. Work with state/district meeting planners to ensure that there is a donation line on every meeting registration form so that members registering for meetings may contribute to the foundation at the same time.
- d. Continue to solicit and follow up on annual contribution from each State Organization
- e. Work with state organizations to ensure that the Foundation logo and hyperlink are displayed on their website
- f. Work with ATPs in the state to ensure that the Foundation logo and hyperlink are displayed on their websites
- g. Begin to seek out a new District 10 Chair (I have one more year to serve)

## 2. COPA Committee on Practice Advancement–Nathan Welever/Dustin Gerard

### Occupational Health:

Held successful pre-conference workshop in 2014. Working on an occupational health survey to be able to determine how people working within occupational health are working, what their daily tasks are, and how much they are making.

### Performing Arts:

Held a successful pre-conference workshop. Continuing to attend workshops and cross-pollinate to gain awareness and support. Surveyed their members to determine setting, salary, and details of their individual jobs

### Physician Extender:

Held a successful pre-conference workshop. Working on streamlining their web content. Developing next years PE workshop. Developing a study for physicians to discover what they want/need for AT's. The end result of that study would be a role delineation of what AT's should expect to be able to do if they want to work in that setting.

### Military:

Working on developing metrics to track worth/value through ICD 9/10. They have struggled with retention of AT's within all branches due to funding. Struggling with determining how money can be spent on AT services within the military.

### Public Safety:

Held a successful pre-conference workshop. Growing community of PS AT's. Looking at different ideas of how to become more integrated in other organizations outside of NATANPI (completed):

Successful launch of the NPI Contest. Largest number of AT's without NPI's recruited. Greater than 660 new NPI's generated

### Communication Group (Formerly Web Group):

Developed database of webinars, 101 materials, cleaning up content on the website. Working on rolling out new organization of the website.

### Terminology:

Held a successful presentation at Indianapolis. Dustin Girard took over leadership of the workgroup. Trying to incorporate BOC & CAATE into our workgroup calls to increase consistency and agreement across the entities. We now have a CAATE liaison on all of our calls and are searching for a BOC liaison. We have finished our definition of "consumer." Will be sent to BOD at annual meeting.

#### Worth to Value:

Working on tools for the athletic trainer to be able to demonstrate their worth/value in certain settings.

#### Secondary School Value Model (Completed):

Completed and is up on the NATA website.

#### Projects for the Northwest

- Currently recruiting for state representation of COPA. Nathan and Dustin are working to determine what role the state representatives will serve, how they will meet, and how they can be utilized to maximize productivity.
- Dustin is presenting at NWATA to YP's about business ownership and his path as an athletic trainer.
- Dustin is presenting at NATA in St. Louis as a facilitator to a peer-to-peer discussion titled "Innovation and Entrepreneurship: utilizing your expertise in developing and creating Business Opportunities in Athletic Training." It will be held Wednesday, June 24th from 4-5pm

#### Joint Committee Meeting in Dallas

In addition to the committee audit review, this meeting was used to re-align the many workgroups of COPA with the main purpose. We collaborated with many groups and offered our unique perspective to many other committees.

### **3. College and University Athletic Trainers – Kim Terrell**

#### From NCAA

“Mind, Body, Sport Supporting Student Athlete Mental Wellness” is an extremely valuable resource for Athletic Trainers and is available for free at:

<http://www.ncaapublications.com/productdownloads/MindBodySport.pdf>

Recent NCAA legislation has passed requiring Division II incoming SA to receive a medical evaluation prior to summer workouts. This legislation is effective immediately

#### BOC Facility Standards

If you have not reviewed this document is an important tool to insure your facility meets minimal standards as a healthcare facility

[http://www.bocatc.org/images/stories/resources/boc\\_facility\\_safety\\_1305af.pdf](http://www.bocatc.org/images/stories/resources/boc_facility_safety_1305af.pdf)

NATA CUATC Session - Join the discussion in St. Louis in June 2015

“Topic”

Also following this presentation in St. Louis there will be a meeting for Junior College Athletic Trainers to build on last year's discussion around communication and representation.

#### CUATC Projects

Value Model – this document is going to be reviewed and updated to serve as a template for Athletic Trainers to use to quantify various roles and responsibilities of a college athletic trainer

Liability Risk Assessment Tool – this document is nearly completed and ready for distribution; will provide a process and checklist to assess liability and risk factors

AMCIA guidelines are under review; this document is used inconsistently by college/university athletic trainers, and there will be efforts towards increasing the usefulness and application of this document.

A review of documentation standards is going to occur in order to produce updated guidelines

Reminder – please nominate colleagues for NATA and CUATC awards, the process is detailed on NATA website. CUATC awards are not lengthy applications and there are very few nominations being received.

#### **4. NWATA Student Mentor – Katy Pietz**

This past year we have added a Secretary role to our student leadership. The student group has attempted to increase involvement on social media, to promote our programming and offer educational opportunities. Also, the quiz bowl coordination will also be overseen by this committee in the future. A main task is to develop the student programming which will occur on Friday, March 27<sup>th</sup>. Five oral research presentations and 8 poster presentations, along with a panel of emerging practice ATs, as well as an ethics related presentation is scheduled for the student programming. We have included the YP Committee and the NATSC representative for District 10 in our afternoon programming and introductions by our NWATA Board of Directors and State Presidents.

A future goal of the committee is to create NWATA Quiz Bowl Policies to formalize the procedures, as well as policies related to the Student Forum.

#### **5. NATSC – Alee Bryan**

The NATSC has been working diligently to provide a voice for athletic training students. The committee holds monthly conference calls where individual district activities are shared and new business is addressed. This year, the nominations committee has been hard at work promoting and reviewing applications for 8 of 11 positions. District directors will be contacting those selected within the next few weeks. The student outreach committee held a photo collage contest in the fall with the winner receiving a Powerade t-shirt. Student outreach has also promoted our Facebook page and we now have over 1000 likes. Currently, the outreach committee is promoting the annual student video contest, preparing a scavenger hunt activity for the national convention. Promoting the international service learning trip in May, and planning more webinars and contests. The planning committee has confirmed keynote speaker

Dr. Ray Castle along with six other guest speakers. The format of the student session will replicate that of last year. The planning committee is in the process of identifying and confirming career roundtable guests. We have also reached out to other NATA committees to see where we might be able to collaborate and provide student perspective. We continue to search for additional ways to increase student involvement in the profession and identify additional methods for representing the students.

## **6. YPC Committee – Tim Nicoletto**

First annual YP sponsored session offered at the annual meeting. Topic focuses on the various settings an athletic trainer can go (ie; Physician Extender/Industrial/Personal Business and Military). This is a panel discussion type of presentation to include some committee members and others. Each individual will present their career path followed by an open Q&A.

Twitter and Facebook have become more integrated with our YPs. Committee Members are taking a more active role on Facebook specifically to get conversations started among everyone to include case studies, specific types of injuries etc.

Two state representatives (Washington and Oregon) will have seat vacancies due to their terms ending. We will be looking to fill their seats this summer.

Future plans for the New Horizon Award winner is to have them nominated for the national YP distinction award the following year. Recognizing our YPs not only gives them the recognition needed but helps them be more active in the profession.

## **7. District Meeting – Heather Garris/Tony Fitzpatrick/Suzette Nynas**

## **8. Ethnic Diversity Advisory Committee – Dani Moffit**

1. I am looking for 1 person from each state to be a member of the EDAC committee. This person would help to improve communication between states, as well as at a national level, regarding issues related to diversity.

2. 2015 advisory goals for EDAC are leadership and leadership development.

3. St. Louis update

a. Service Activity – DJ's Place; Boys and Girls club of St. Louis

b. EDAC Session – Cross Cultural Mentoring

c. EDAC Town Hall Meeting

4. We need nominations for the 2015 (2016?) Bill Chisolm Award

## **9. Governmental Affairs – Marty Matney**

Judy Pulice – leaves NATA, Lathan Watts replaces Judy

New Chair for GAC – Jeff McKibbin replacing Mike Chisar, effective June, 2015

Alaska:

--Currently writing Rules for License Act. They are currently in the public comment period that closes April 25.

--GAC awarded \$9000 Grant to support Rules writing and implementation and lobbyist activities

Idaho:

- Looking at forming multidisciplinary committee for SWOT analysis of Practice Act and concussion legislation
- Two major hospital systems recognize AT's in concussion management . Concussion Act does not specifically name AT's but identifies licensed HCP trained in the evaluation and management of concussions who is supervised by a directing physician
- No current legislative activity, but considering applying for grant for monitoring in 2016

Montana:

- Had a scare last summer in interpretation of a statement that only PT's could bill for PT services. MTATA was concerned this would limit AT's in clinical settings. On further study, only involves PT's billing for PT services.
- SB 304 would strengthen concussion legislation to include HCP having concussion training. Supported by MTATA. Bill was tabled two week ago. No known reason given.
- Working on strengthening relationships with Montana PT Assn, Medical Assn, Massage Therapy Assn and Montana School Boards Association.
- GAC goal is to help MTATA understand legislative process and assist in guiding in legislative activities
- Received \$3000 GAC grant for monitoring

Oregon:

- Studying if the term "Athlete" is too restrictive for expanding practice settings for AT's. Feel this could restrict AT's working in emerging settings.
- Declining state funding for education is creating difficulties in maintaining or expanding AT job opportunities, particularly in secondary schools
- Setting up Athletic Training Day at the Oregon Legislature and looking at building support in the legislature for future activities

Washington:

- Passed and enacted SHB 2430 allowing AT's to be recognized by WA Department of Labor & Industries as providers for worker's comp patients under supervision of PT's or MD's and can now bill for PM&R codes under the supervision of PT's and MD's (physiatrist).
- Monitoring Sudden Cardiac Death and Epi-pen auto injector leg. AT's are currently excluded as epi-pen providers. WSATA looking at ways to be added as providers of epi-pen.
- Increased communication with state membership with regular email updates from lobbyist and state leadership
- Had the 1st Legislative Day March 16th. 4 attended, but this was looked as very favorable by leadership
- WSATA is a finalist for GAC's Dan Campbell Legislative Award

## **10. NATAPAC – Marty Matney**

2014 Total Contributions by each district:

D1 - \$2,581.50

D2 - \$3,171.16

D3 - \$2,289.12  
D4 - \$3,635.92  
D5 - \$3,266.33  
D6 - \$3,800.00  
D7 - \$1,457.75  
D8 - \$1,820.87  
D9 - \$5,023.05  
D10 - \$1,178.83  
International - \$150.00  
TOTAL: \$28,374.53

Total Contributions by each D10 state:

AK - \$0  
ID - \$405.00  
MT - \$0  
OR - \$306.33  
WA - \$467.50

19 members in District 10 were those who contributed a total of \$1,178.83 in 2014.  
Need to encourage members to contribute to PAC. Dues renewals time?

NATAPAC Breakfast:

Tuesday, June 25  
7:00 – 9:00 a.m.  
Cost is \$50.

Featured speaker is NATA Hall of Fame member of NATAPAC Board of Directors member Sandy Miller, ATC. Sign up early. This often sells out quickly.

H.R. 829 / S. 436: SAFE PLAY (Supporting Athletes, Families and Educators to Protect the Lives of Athletic Youth) Act

This legislation specifically helps school districts develop and implement concussion safety and management teams and plans and encourages increased surveillance efforts for life-threatening cardiac conditions in children. The bill also directs the Centers for Disease Control and Prevention (CDC) and the Department of Health and Human Services (HHS) to recommend guidelines for the development of emergency action plans; create and distribute information on health risks linked to excessive heat and humidity; and develop information and guidelines on energy drink consumption.

H.R. 921: Sports Medicine Licensure Clarity Act

Clarifies medical liability rules for athletic trainers and medical professionals to ensure they are properly covered by their malpractice insurance while traveling with athletic teams in another state.



Res. 112 / S. Res. 83: Secondary School Student Athletes' Bill of Rights  
Establishes 10 best practices for making secondary school athletics safer.

NATAPAC encourages AT's to contact their House Representatives to ask for their support on these Acts.

## **11. Hall of Fame/Honors and Awards – Greg Mitchell**

This year our review committee for Honors and Awards shrank in numbers! We will need to look at how to replace reviewers each year that now longer wish to participate in the process or are no longer NWATA members.

In trying to standardize the timeline for honors and awards we added a few things this year.

- a. Established the size of plaque given for each award this year
- b. Established that nominating AT will be notified of recipient being given the award
  - i. Nominating AT will be asked to encourage recipient to attend the annual meeting hopefully without letting them know of the award
  - ii. Nominating AT will be asked for pictures of the recipient for use during the annual meeting
- c. Awards will still be formally delivered at the NWATA business meeting, but recipients will be announced at the Friday evening Awards Celebration.

### **Honors & Awards**

#### *Outstanding Service Award*

We had several nominations this year. The nominees that were recommended and accepted for the award in 2015 are:

- d. Valerie Moody
- e. Janelle Handlos
- f. Ben Henry
- g. Jeff Kawaguchi
- h. Heather Halseth

#### *New Horizons Award*

- i. Joanna Schisel

#### *District Director's Award*

Marty Matney

### **Hall of Fame**

There was one nomination for the NWATA Hall of Fame in 2015 and he was unanimously recommended for the award.

- j. Russ Richardson

We were able to further update the contact list for existing Hall of Fame members thanks to the efforts of Ken Kladnik and Russell Baker of History & Archives.

We will begin to see the formation of a new display over the next few years with the help of History & Archives for the NWATA Hall of Fame. It will be much higher tech!!

## **12. Public Relations – Josh Holliday**

- a. Strong Social Media Push for NATM
- b. Encouraging all of our Secondary Schools Athletic Trainers to apply for the Safe Schools award, and join the Youth Sports Safety Alliance.
- c. Promoting members to get their NPI Number
- d. NATA Website Facelift
- e. PR Toolkit

## **13. Scholarship – Dale Blair**

The NWATA Scholarship transitioned this year to new terminology regarding our scholarships. We are now using Professional (which includes undergraduates and entry-level Master's candidates) and Post-Professional (which includes graduating undergraduates, Master's and Doctoral candidates).

Once again, we had an outstanding group of applicants that made difficult decisions for the Scholarship Committee. Here are the recipients:

### **Professional**

- *Alexandra Bryan* (Washington State University)- Naseby Rhinehart Scholarship and St. Lukes Sports Medicine Emerging Practice Scholarship
- *Kalyn Hasenoehrl* (University of Idaho)- Richard Irvin Scholarship
- *Joshua Lavigne* (University of Idaho)- Whitesel ProSports Therapy Scholarship

### **Post-Professional**

- *Krista Hixson* (Whitworth University)-Bob Peterson Scholarship
- *Eunwook Chang* (Oregon State University)- Bill Robertson Scholarship
- *Sean Rogers* (Washington State University)- NWATA Leadership Scholarship

A big thank you to our outstanding scholarship committee: Ken Kladnik, Janelle Handlos, Tom Koto, and Mike Coco

## **14. Ethics Committee – Charles Liggett**

The Committee will have a new committee chair by the end of the month. We are in an ongoing phases with ethic cases.

There is a four part series that has been appearing in the NATA NEWS which started in October 2014 with "Taking Our Blinders Off: Understanding Professional Ethical Obligations" Page 34-35, Jim Berry PhD, ATC

November 2014 "Ethics Breaking Down the Primary Principle" page 30, Charles L Liggett MS, AT/L, ATC

March 2015 “Taking the Blinders Off: Understanding Ethics Principle #3” page 52-53, Katie Grove PhD, ATC, LAT

Principle #2 TBA

## **15. History/Archives – Ken Kladnik/Rusty Baker**

Ken and Rusty initially met on August 8, 2014 to start the process of determining the direction of the H & A Committee. The first step was to develop a mission statement which reads:

*“to collect, organize, preserve, make accessible and promote a greater understanding of the history of the NWATA”.*

Once this was accomplished, they decided on 13 areas to focus, these include: update hall of fame bios, increase member communication, develop a list of NWATA officers, NWATA recognitions, NWATA meeting history, NWATA scholarship recipients, NWATA educational programs, State Associations, videotaping Hall of Fame members, hosting a H & A booth at the District meetings, NWATA Women in Athletic Training and a NWATA timeline..

At this year’s District Meeting they will start the videotaping the Hall of Fame members who will be in attendance. These videos will be published on our website and will also be shown during future meeting. This History and Archive will have a booth with various athletic training items from the past, manned by members of our Hall of Fame.

## **16. Secondary Schools Athletic Trainer Committee – Christopher Dean**

The SSATC has created a monthly E-newsletter to better communicate with our fellow SS AT’s. This is sent out by the NATA. If you have not received this, please contact the NATA to ensure you are on the delivery list.

The SSATC has created the Secondary Schools Value Model, which combined with the Position Improvement Guide (PID) and Position Proposal Guide (PPG) provide the AT with the resources to articulate the value of AT’s in a secondary school setting.

2 years ago, the NATA introduced the safe sports school award to recognize those schools which meet and exceed the best practice guidelines and demonstrate a commitment to excellence. While not all school will qualify, it is certainly a rubric to measure a program by.

The SSATC has submitted a Secondary School curriculum to the BOD for approval. This will be available for schools to use as a template to establish parameters and direction for Sportsmedicine programs in the secondary school setting.

In partnership with Gatorade, the SSATC is happy to reinstate the Gatorade Secondary School Athletic Trainer Award. Secondary School ATs are nominated by their peers and one from each district is selected on their contributions to the profession and their service

to their athletes. I am proud to share that this year's D10 award winner is Rick O'Leary from Bishop Blanchet HS

The Cramer Corporation, a great sponsor of Athletic Trainers and the NATA offers a scholarship annually for senior HS students who wish to enter Athletic Training. This is a fierce competition and I am proud to share that Macauly Downing of Ft Lewis, WA is the National Winner this year. Macauly's sponsoring AT is Ms. Heather Brown from Lakes High School. Congratulations to Macauly and Heather on this prestigious award.

Finally, the SSATC has begun actively encouraging our members to nominate deserving secondary school AT's for NATA awards. When nominations open for future awards, please consider nominating a deserving SS AT.

In follow up to the joint NATA SSATC/KSI saturation study, the SSATC will again participate in using interactive mapping software to map every HS in the nation, identifying those with an AT (and their status PT/FT/Multiple) and also highlighting schools who have won the safe sports award

We continue to support and actively work to see President Thorton's wish for an AT in every HS become a reality

We support the NFL's initiative and funding to support ATs in underserved schools around their teams. This is a great beginning to what we hope will be a call to arms so to speak amongst all of the professional sports teams

We are working to create a mentorship program across the Nation that would allow for partnering of members new to the field with seasoned members who can guide and support their growth as an AT. A pilot program is already in the works and we hope to expand this in the near future.

As a reminder to those attending the NATA Annual Meeting, the SS committee meeting will be on June 26<sup>th</sup> from 5-7 PM with a reception to follow. We encourage all SS members to attend and we will continue the ever popular door prize raffle. Last year's top prize was a Kestrel 4600 Heat Stress Weather Station. There will be 3 great talks this year and a national SSATC presentation.